

# Scottish Borders Young Carers Service

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Jo Glover  
Service Co-ordinator  
Scottish Borders Young Carers Service  
Kaija Holness – Young Person

*as long as it takes*

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# Health Authorisation Card for Young People

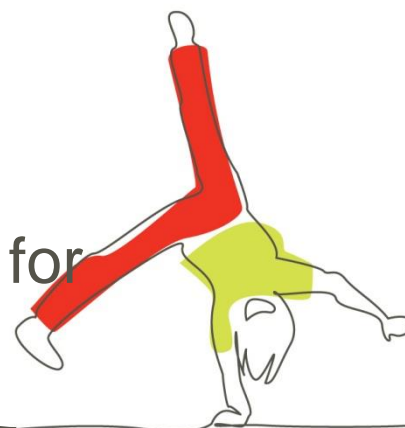
- **Background**

- This is a Scottish Government Initiative.
- The Scottish Borders is one of 6 Local Authorities piloting the use of a Health Authorisation Card for young people who have a caring responsibility for a family member.
- *Getting it Right for Young Carers: the Young Carers Strategy for Scotland (Scottish Government 2010)* stated that young carers sometimes express frustration that they are assumed to be mature enough to carry out a caring role but when it comes to consultations with GP's, and Health Professionals regarding the cared for person, they are often excluded.



## Benefits of the Card – Allows young people to.....

- understand the illness/condition of the person they are looking after better
- be involved with some or all medical procedures
- to be regarded and recognised as a carer for a family member
- know that healthcare professionals know permission/consent has been given
- be kept up to date and understand what is happening, generally
- collect prescriptions on behalf of the cared for person, (at the Pharmacist's discretion)



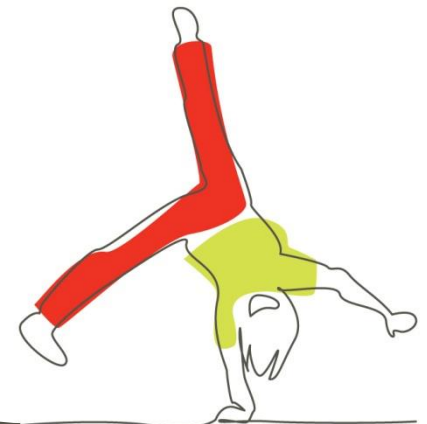
## The Roll out of the Card

- NHS Borders is raising awareness with health staff across hospital and community settings
- Letters and leaflets have gone out to all GP surgeries and Pharmacies in the Borders informing them that the card is in operation
- Leaflets have been distributed to Guidance/Pastoral staff in all 9 secondary schools
- The card is open to all young people with some sort of caring responsibility (they don't have to be in the young carers service)



# Design of the Card - Front

	<b>NAME:</b>	
	<b>Sarah Sample</b>	action for children Scotland
	<b>DOB:</b>	Renewal Date:
	<b>01/01/01</b>	
	<b>CARES FOR:</b>	<b>06/02/2015</b>
	<b>Simon Sample</b>	
		
		



# Design of the Card - Back

**I have written consent for:**

1. Medication - **YES**

2. Diagnosis - **YES**

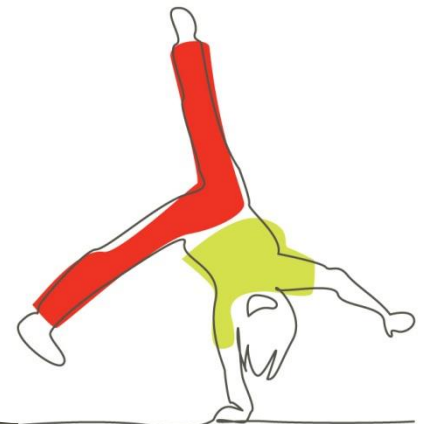
3. Prognosis - **YES**

4. Collect Prescriptions - **YES**

**I may need extra support at school/college**

Action For Children, Scottish  
Borders Young Carers Service -  
01896 750173

Unit 10a, Galabank Mill, Galabank Business Park, Gala-  
shiels, Selkirkshire, TD1 1PR



## Monitoring and Evaluation

- Quarterly updates to the Scottish Government
- Regular feedback from young people, families and professionals on the use of the card
- Young Person – Kaija Holness. We will now hear from Kaija how having a health authorisation card helped her.

