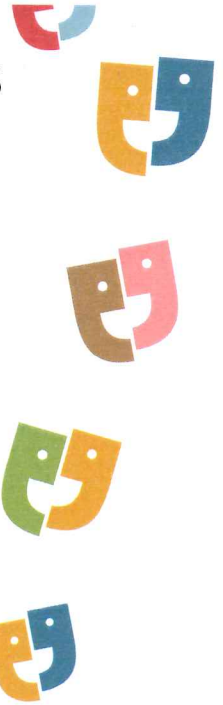


WALK A MILE  
IN MY SHOES

# Three Bridges Peebles

Walk to End Mental Health  
Stigma & Discrimination



**Saturday 25<sup>th</sup> March 2017**

Join **See Me** Champions and other likeminded people for a one mile walk around **Peebles** to break down barriers, challenge mental health stigma and walk a mile in each other's shoes.

**Assemble for Walk at 10.30am**

**Meeting on School Brae, Outside Nashy's No2**

**Parking - 2x Car Parks close by**

**Refreshments will also be available at Nashy's No2**

**Walk will follow the Three Bridges Route**