

**FREE!**

# Celebrate Carers Week!

**Enjoy a  
hot lunch!**

**Wednesday, 14th June**

**Waverley Castle Hotel  
Melrose**

**Be entertained!**

**10.30am-3pm**

**Have a natter!**

**Find out about help and support!**

**Meet other carers!**

To sign up visit [www.borderscarersweek.eventbrite.co.uk](http://www.borderscarersweek.eventbrite.co.uk)  
or call 01896 757290. We may be able to help with respite /  
transport - give us a call!

