

Living well with dementia



Scottish Borders Dementia Working Group

The group is open to anyone with dementia living in the Scottish Borders, and their carers. We seek to:

- be the local voice of people with dementia
- be a positive influence on services and policy for people with dementia
- make the Borders more dementia-friendly
- make life a bit better for those living with dementia locally – we support each other too!

The group is facilitated by local charity Borders Care Voice.

Call Meg on 07773 605689 or e-mail meg@borderscarevoice.org.uk

You can also contact the chair, Jenny Smith, on 01896 802357.



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We link to Scottish Borders Council and NHS Borders via their dementia strategy.

We are supported by the Alzheimer Scotland Dementia Nurse Consultant, who works in the NHS.

Alzheimer Scotland also links to and supports the group.



We currently meet on Microsoft Teams at 2pm on the last Tuesday of every month.



Face to face meetings usually take place in the central Borders (Melrose/Galashiels).

We cover transport and food costs.