

Do you work with Carers?

Would you like to help them get their voices heard?

Carers Scotland is providing Carers Self-Advocacy sessions for staff working in health services, social work and care services, third and independent sector

Aims

Provide participants with an understanding of the role advocacy can play in supporting unpaid carers and the key building blocks of effective advocacy support. This training will help you support carers to:

- communicate more effectively
- deal with the emotions that can inhibit self-expression
- negotiate more effectively
- increase their independence and confidence

Outcomes

1. Understand the purpose of advocacy
2. Demonstrate the key principles of advocacy as applied to unpaid carers
3. Knowledge of the skills needed to advocate
4. Understand the need for boundaries in the advocacy relationship
5. How to help carers advocate for themselves

Dates

Tuesday 22 August, 10am – 3pm

Venue

The Robertson Trust, Robertson House, 152 Bath Street, Glasgow, G2 4TB

Cost

Voluntary sector	£85
Statutory sector	£98
Commercial sector	£115

Group discount

A 10% discount is available for 3 bookings

Affiliate membership

A 10% discount is available to Carers Scotland affiliate Members

To book or find out more, including alternative dates, please contact: Patricia Clark at Carers Scotland, patricia.clark@carerscotland.org or call 0141 445 3070

In-house training available – for carers and/or staff

We are happy to provide in-house self-advocacy training both for carers themselves and/or staff, on request.