

Date	Time	Course	Location
Monday 24 th July	1pm-4pm	Dementia – informed practice level <ul style="list-style-type: none"> • Common signs and symptoms of dementia • Individual needs of the person with dementia • Awareness of the relevant legislation. 	Galashiels
Tuesday 3 rd August	9am-4pm	Moving and handling - refresher <ul style="list-style-type: none"> • Identify the principles of safe moving and handling • Identify unsafe techniques • Safe techniques relevant to your work setting • Legal and safe back care guidance. 	Galashiels
Tuesday 15 th August	9am-4.30pm	Emergency first aid at work <ul style="list-style-type: none"> • Responsibilities and reporting • Dealing with an unresponsive casualty • Resuscitation • Bleeding control • Other first aid scenarios. 	Galashiels
Thursday 17 th August	1pm-4pm	Dementia – informed practice level <ul style="list-style-type: none"> • Common signs and symptoms of dementia • Individual needs of the person with dementia • Awareness of the relevant legislation. 	Kelso
Monday 21 st August	9.30am-12.30pm	Underpinning knowledge training for SVQ unit H5NA 04 Support effective communication Learning outcome: <ul style="list-style-type: none"> • Understand the SVQ / NOS requirements for supporting effective communication in settings where individuals are cared for and supported. 	Galashiels

Monday 21 st August	1pm-4pm	<p>Underpinning knowledge training for SVQ unit H5NB 04 Support the health and safety of yourself and individuals</p> <p>Learning outcome:</p> <ul style="list-style-type: none"> • Understand the SVQ / NOS requirements for keeping yourself and individuals safe and secure within a work setting. 	Galashiels
Tuesday 22 nd August	9.30am-12.30pm	<p>Underpinning knowledge training for SVQ unit H5NC 04 Support the safeguarding of individuals</p> <p>Learning outcome:</p> <ul style="list-style-type: none"> • Understand the SVQ / NOS requirements for safeguarding, which must permeate all your work with individuals • Identify what you must do in cases of actual or potential harm. 	Galashiels
Tuesday 22 nd August	1pm-4pm	<p>Underpinning knowledge training for SVQ unit H5L5 04 Develop your own knowledge and practice</p> <p>Learning outcome:</p> <ul style="list-style-type: none"> • Understand the SVQ / NOS requirements for developing your practice within settings where individuals are cared for or supported • Reflect on your skills and knowledge in the workplace and how you apply learning in the workplace. 	Galashiels
Wednesday 23 rd August	9.30am-12.30pm	<p>Introduction to food hygiene</p> <ul style="list-style-type: none"> • Handling food • Storing food • Basic food hygiene. 	Galashiels

Thursday 24 th August	1pm-4pm	Assertiveness <ul style="list-style-type: none"> • Distinguish between assertiveness and aggression • Practise techniques • Group dynamics. 	Eyemouth
Monday 28 th August	9.30am- 12.30pm	Infection control <ul style="list-style-type: none"> • The general principles of infection control • How to achieve effective hand hygiene • The use of personal protective equipment. 	Galashiels