(a Scottish Charitable Incorporated Organisation)

Annual Report and Accounts
For the year ended 31 March 2018

**Registered Charity – SC043731** 



# Annual Report and Accounts For the year ended 31 March 2018

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# **Charity Information**

## **Charity number**

SC043731

#### **Trustees**

Susan Green – Chair
Gordon Forsyth – Vice Chair
Pippa Dickson – Treasurer
Graham Nisbet
James Aitken (appointed 16 May 2017)
Kathryn Peden (appointed 1st February 2018)
Jane Douglas (appointed 17th April 2018)

## **Principal office**

Triest House Bridge Street Galashiels TD1 1SW

## **Independent Examiner**

Elaine Alsop ACA DChA
EA Independent Ltd
1 Rosebery Place
Dunbar
East Lothian
EH42 1AQ

# Trustees' Report For the year ended 31 March 2018

The trustees present their report and receipts and payments accounts of the charity for the year ended 31 March 2018.

## Structure, governance and management

The charity is known as Borders Care Voice (previously Borders Voluntary Care Voice) and is a Scottish Charitable Incorporated Organisation (SCIO). It is governed by the rules of its constitution.

The management of Borders Care Voice is the responsibility of the Trustees who are elected under the terms of the constitution. New Trustees receive appropriate induction and training and are sought for their skills and representation. Every trustee stands down at the AGM but can stand again. Immediately after the AGM, at a brief board meeting, the post holders are agreed and act for a year.

Borders Care Voice currently has funding (through Scottish Borders Council and NHS Borders) to employ six members of staff, the Chief Officer, the Depute Chief Officer, Office and Finance Administrator, Development worker (Mental Health), Project Co-ordinator Borders Care Learning Network (BCLN) and an Administrative Assistant (BCLN).

#### **Objectives and activities**

Borders Care Voice provides for the development of local partnerships between users, carers, third sector organisations, Scottish Borders Council (SBC), NHS Borders and other relevant organisations within health and social care services.

- We are an independent, third sector organisation.
- We are a membership organisation and our members include individuals and health and social care organisations.
- We give service users and carers a voice.
- We support organisations that work in health and social care.
- We work in partnership with Scottish Borders Council, NHS Borders and others to try to improve services.
- We provide free training for people who work or volunteer in the health and social care sector, and unpaid carers.
- We will also be negotiating providing contracted training for SB Cares' staff.

#### **Achievements and performance**

The charity has achieved the following thoughout the year:

- Established Scottish Borders Carers Advisory Board, in conjunction with Borders Carers Centre.
- Held Board and Staff away day to devise action plan following Figure 8 external evaluation.
- Produced a new strapline for the organisation.
- Ran a successful event for around 65 Carers as part of Carers Week in June 2017.
- Established Care Voice Café, for organisational members to meet quarterly.
- Continued to improve and develop the BCLN training programme and the evaluation/outputs we capture.
- Introduced mandatory / preferred training matrix for staff.
- Developed the Borders Dementia Working Group and grew its membership.

# Trustees' Report For the year ended 31 March 2018

- Redesigned and recruited to Office & Finance Administrator Post.
- Secured part funding to begin a collective advocacy project in 2018/19.
- Supported a campaign by our members to challenge SBC on its changes to its Welfare Benefits service.
- Working with New Horizons Borders, established Mental Health Service Providers Forum.
- After setting up our training rooms in Triest House in January 2017, we completed our move to the new premises in January 2018.
- Recruited 3 new Board Members with required skills.
- Continued work on updating our policies and procedures, including extensive work preparing for General Data Protection Regulations.
- Updated branding following minor name change at 2017 AGM.
- Devised Co-Production Charter, Mental Health Services to be approved in 2018/19.

#### Trustee remuneration and expenses

The trustees did not receive any remuneration during the year (2017: Nil). Travel expenses were reimbursed to two trustees totalling £471 (2017: 2, £500).

#### **Financial Review**

As indicated at the 2017 AGM the board agreed to prepare receipts and payment accounts instead of accrual accounts. Receipts and payments accounts fit better with the quarterly monitoring reports received by the board from the Treasurer. This means the comparative figures have been changed accordingly and are restated on a Receipts and Payments basis, resulting in an increase in net expenditure in 2017 from £26,892 to £30,219. Opening funds at 1 April 2017, restated on a Receipts and Payments basis stand as £91,767 (a reconciliation is provided in the Notes to the accounts).

We thank our two funders SBC and NHS Borders for their continuing support. We are very appreciative of the volunteers who ensure we meet our objectives and whose contribution is not reflected in the accounts.

In the year to 31 March 2018 the charity had receipts of £173,521 (2017 restated: £210,644) and payments of £188,406 (2017 restated: £240,863), giving net expenditure of £14,885 (2017 restated: £30,219). Total funds under management at 31 March 2018 were £76,882 (2017 restated: £91,767) of which £67,933 were unrestricted (2017 restated: £75,168).

The Core service shows a small surplus which is understated due to the April 2017 monthly grant being paid early (in March 2017 and therefore not reflected in the 17/18 Receipts and Payments figures). Effectively, there was a surplus over the year of approximately £5,500 on the 2017/18 core funding.

The closing balance on the BCLN fund remains at about the same level which is due to the transfer from Tailor Made Support Training which has helped to fund the level of training being delivered. The future funding has been negotiated, with SBC, with a clearer level of training funding in the contract. SB Cares has now been given its own training monies so what is offered to their staff will have to be negotiated.

# Trustees' Report For the year ended 31 March 2018

#### Reserves

There are two reserves policies - one for the core service represented by the general reserves and one for BCLN represented by its restricted balance.

The Trustees consider that it is prudent for them to aim to cover between three and six months' worth of expenditure for the core service (shown under the unrestricted funds) and at 31<sup>st</sup> March consider that the balance is at a satisfactory level.

They also consider that BCLN should aim to cover three to six months' worth of key funding, they consider the balance on the restricted fund to be at a satisfactory level now that the training budget is incorporated within the contract.

#### Major risks facing the charity

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The principal risk facing the charity is withdrawal of the major funding streams. All reserves are regularly monitored by the Trustees to ensure that sufficient funds are held to cover likely eventualities.

#### Plans for future periods

The following have been agreed as plans for future action:

- Secure remainder of funding and begin Collective Advocacy Project (2 years).
- Complete work for GDPR.
- Seek further funding and management for Borders Dementia Working Group.
- Approve and monitor implementation of Co-production charter in planning of mental health services.
- Support and respond to consultation for Physical Disabilities Strategy.
- Support revision and redrafting of Strategic Plan for Integration with the Health and Social Care Partnership.
- Continue campaign on Welfare Benefits Service changes.
- Continue Board recruitment and development.
- Secure funding for the Carers Week event as funding diminishing in the restricted fund.
- Negotiate training for SB Cares, provided through BCLN, due to budget being devolved to them.

Approved by the Trustees and signed on their behalf

P Dickson Treasurer

1 August 2018

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### Independent Examiner's Report to the Trustees of Borders Care Voice

I report on the accounts of the charity for the year ended 31 March 2018, which are set out on pages 6 and 7 and the related notes on pages 8 to 11.

This report is made solely to the charity's Trustees, as a body, in accordance with section 44 of the Charities and Trustee Investment (Scotland) Act 2005. My examination has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my examination, for this report, or for the opinions I have formed.

## Respective responsibilities of trustees and examiner

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006(as amended) ("the 2006 Regulations"). The charity's Trustees consider that the audit requirement of Regulation 10(1) (d) of the Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

#### Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- 1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation
     4 of the 2006 Regulations
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Elaine Alsop ACA DChA 1 Rosebery Place Dunbar, East Lothian 1 August 2018

# Receipts and Payments Account For the year ended 31 March 2018

|   | Notes | Unrestricted<br>2018<br>£ | Restricted<br>2018<br>£ | Total<br>2018<br>£ | Total<br>2017<br>£ |
|---|-------|---------------------------|-------------------------|--------------------|--------------------|
| Receipts                                |       |                           |                         |                    |                    |
| Grants                                  | 3     | 104,345                   | 66,630                  | 170,975            | 206,898            |
| Investment income                       |       | 22                        | -                       | 22                 | 237                |
| Other income from charitable activities | 4     | 1,900                     | 624                     | 2,524              | 3,509              |
|   |       | 106,267                   | 67,254                  | 173,521            | 210,644            |
| Payments                                |       |                           |                         |                    |                    |
| Grants paid                             | 5     | -                         | 120                     | 120                | 29,943             |
| Staff costs                             | 6     | 77,982                    | 39,182                  | 117,164            | 125,510            |
| Other costs                             | 7     | 40,784                    | 30,338                  | 71,122             | 85,410             |
|   |       | <del></del>               |                         |                    | <del></del>        |
| Total payments                          |       | 118,766                   | 69,640                  | 188,406            | 240,863            |
| Net expenditure before transfers        |       | (12,499)                  | (2,386)                 | (14,885)           | (30,219)           |
| Transfers                               |       | 5,264                     | (5,264)                 | -                  | -                  |
| Net expenditure                         |       | (7,235)                   | (7,650)                 | (14,885)           | (30,219)           |

The notes on pages 8 to 11 form part of these accounts

# Statement of Balances As at 31 March 2018

|  | Notes | Unrestricted<br>2018<br>£ | Restricted<br>2018<br>£ | Total<br>2018<br>£ | Total<br>2017<br>£ |
|--|-------|---------------------------|-------------------------|--------------------|--------------------|
| Bank balances at 1 April 2017          |       | 75,168                    | 16,599                  | 91,767             | 121,986            |
| Net expenditure for the year           |       | (7,235)                   | (7,650)                 | (14,885)           | (30,219)           |
| Bank balances at 31 March 2018         | 9     | 67,933                    | 8,949                   | 76,882             | 91,767             |
| Fixed assets (for information only)    |       | £                         | £                       | £                  | £                  |
|  |       | Ľ                         | E                       | Ľ                  | Ŀ                  |
| Office furniture and equipment (cost)  |       | 15,401<br>———             | <del>-</del>            | 15,401<br>———      | 12,320             |
| Office furniture and equipment (NBV)   |       | 7,070                     | -                       | 7,070              | 6,345              |
| Debtors (for information only)         |       | £                         | £                       | £                  | £                  |
| Debtors & prepaid expenses             |       | -                         | -                       | -                  | 9,434              |
|  |       | -                         | -                       | -                  | 9,434              |
| Creditors (for information only)       |       |                           |                         |                    |                    |
| ,                                      |       | £                         | £                       | £                  | £                  |
| Independent examiners fee              |       | 750                       | -                       | 750                | 966                |
| Other accrued expenses Deferred income |       | -                         | -                       | -                  | 6,533<br>5,238     |
|  |       | 750                       | -                       | 750                | 12,737             |

Approved by the Trustees on 1 August 2018 and signed on their behalf by:

P Dickson Treasurer

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The notes on pages 8 to 11 form part of these accounts

# Notes to the Accounts For the year ended 31 March 2018

### 1. Accounting policies

### Basis of accounting

The accounts have been prepared on a Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

This is a change from previous years accounts which were prepared on the accruals basis in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". Note 2 provides a reconciliation from the figures reported in the 2017 accounts to the comparatives presented in these receipts and payments accounts.

#### VAT

The charity is not registered for VAT and, accordingly, expenditure includes VAT where appropriate.

## Resources expended

Expenditure incurred has been classified on a basis appropriate to the charity's circumstances. All expenditure relates to the charitable activities.

Governance costs are included in "Other costs" and are separately identified in the relevant note to the accounts.

## 2. Reconciliation of 2017 Comparatives

|   | £        |
|---|----------|
| Net expenditure reported in 2017 accrued account  | (26,892) |
| Adjustment relating to fixed assets               | (2,347)  |
| Adjustment relating to opening and closing        |          |
| debtor and creditor balances                      | (980)    |
|   |          |
| Net expenditure in 2017 R&P accounts              | (30,219) |
|   |          |
|   |          |
| Net Assets/Funds reported in 2017 accrued account | 94,809   |
| Adjustment to remove fixed assets                 | (6,345)  |
| Adjustment to remove debtors                      | (9,434)  |
| Adjustment to add back creditors                  | 12,737   |
|   |          |
| Closing funds in 2017 R&P accounts                | 91,767   |
|   |          |

# Notes to the Accounts For the year ended 31 March 2018

#### 3. Grants

| 3. | Grants                                  |              |            |         |         |
|----|---|--------------|------------|---------|---------|
|    |   | Unrestricted | Restricted | Total   | Total   |
|    |   | 2018         | 2018       | 2018    | 2017    |
|    |   | £            | £          | £       | £       |
|    | SBC (Core Services)                     | 57,623       | -          | 57,623  | 68,100  |
|    | SBC (BCLN)                              | -            | 35,735     | 35,735  | 35,735  |
|    | NHS Borders (Core Services)             | 35,407       | -          | 35,407  | 35,407  |
|    | SBC (BCLN Training)                     | -            | 27,895     | 27,895  | 23,342  |
|    | SBC (Mental Health Hours)               | 11,315       | -          | 11,315  | 11,314  |
|    | SBC (Tailor Made Support Training)      | -            | 3,000      | 3,000   | 3,000   |
|    | SBC (Neighbourhood Links)               | -            | -          | -       | 30,000  |
|    |   | 104,345      | 66,630     | 170,975 | 206,898 |
| 4. | Other income from charitable activities |              |            |         |         |
|    |   | £            | £          | £       | £       |
|    | Hire of facilities                      | 1,900        | 213        | 2,113   | 2,313   |
|    | Other charges                           | -            | 411        | 411     | 750     |
|    | Returned grant                          | -            | -          | -       | 446     |
|    |   | 1,900        | 624        | 2,524   | 3,509   |
| 5. | Grants paid                             | £            | £          | £       | £       |
|    |   | Ľ            | E          | L       | Ľ       |
|    | Tailor Made Support Training            | -            | 120        | 120     | 1,443   |
|    | British Red Cross (Neighbourhood Links) | -            | -          | -       | 28,500  |
|    |   |              | 120        | 120     | 29,943  |
|    |   |              | <u></u>    |         |         |
| 6. | Staff costs                             |              |            |         |         |
|    |   | £            | £          | £       | £       |
|    | Gross Salaries                          | 68,590       | 31,080     | 99,670  | 114,143 |
|    | Employer's National Insurance           | 2,504        | 1,869      | 4,373   | 5,077   |
|    | Pension                                 | 6,888        | 6,233      | 13,121  | 6,290   |
|    |   | 77,982       | 39,182     | 117,164 | 125,510 |
|    |   |              |            |         |         |

# Notes to the Accounts For the year ended 31 March 2018

## 7. Other costs

|  | Unrestricted<br>2018<br>£ | Designated<br>2018<br>£               | Restricted<br>2018<br>£ | Total<br>2018<br>£ | Total<br>2017<br>£ |
|--|---------------------------|---------------------------------------|-------------------------|--------------------|--------------------|
| Costs of charitable activities                 |                           |                                       |                         |                    |                    |
| BCLN Externally purchased                      |                           |                                       |                         |                    |                    |
| training                                       | -                         | -                                     | 18,456                  | 18,456             | 27,423             |
| Premises costs                                 | 11,876                    | -                                     | 4,407                   | 16,283             | 12,583             |
| Office costs                                   | 12,014                    | 449                                   | 2,840                   | 15,303             | 16,943             |
| Consultants                                    | -                         | 3,812                                 | 1,100                   | 4,912              | 3,067              |
| Venue hire & catering Travel expenses (staff & | 1,855                     | 66                                    | 2,170                   | 4,091              | 6,447              |
| volunteers)                                    | 2,676                     | 495                                   | 595                     | 3,766              | 4,455              |
| Training/supervision of staff                  | 1,464                     | 100                                   | 293                     | 1,564              | 1,209              |
| Publicity, surveys & reports                   | 313                       | 90                                    | -<br>770                | 1,173              | 1,693              |
|  | 212                       | 420                                   | 770                     | 1,173<br>420       | •                  |
| Legal & professional fees                      | - 205                     | 420                                   | -                       |                    | 2,172              |
| Repairs & maintenance                          | 395                       | 1 007                                 | -                       | 395                | 3,302              |
| Equipment purchases                            | 1,094                     | 1,987                                 | -                       | 3,081              | 4,038              |
| Sundries                                       | 144                       | 97                                    |                         | 241                | 612                |
|  | 31,831                    | 7,516                                 | 30,338                  | 69,685             | 83,944             |
| Governance costs                               |                           |                                       |                         |                    |                    |
| Trustees Travel                                | 471                       | -                                     | -                       | 471                | 500                |
| Independent examination                        | 966                       | -                                     | -                       | 966                | 966                |
|  | 1,437                     | -                                     | <del></del>             | 1,437              | 1,466              |
| Total Costs                                    | 33,268                    | 7,516                                 | 30,338                  | 71,122             | 85,410             |
|  |                           | · · · · · · · · · · · · · · · · · · · |                         |                    |                    |

The fee for the Independent Examination of the 17/18 annual accounts is £750 and is included in the statement of balances.

## 8. Related party transactions

No remuneration was paid to trustees during the year (2017: £Nil). Travel expenses were paid to two trustees (2017: 2), totalling £471 over the year (2017: £500). There were no other related party transactions.

# Notes to the Accounts For the year ended 31 March 2018

#### 9. Funds

|                                | Balance at<br>1 April<br>2017<br>£ | Receipts<br>£ | Payments<br>£ | Transfers<br>£ | Balance at<br>31 March<br>2018<br>£ |
|--------------------------------|------------------------------------|---------------|---------------|----------------|-------------------------------------|
| Unrestricted Funds             |                                    |               |               |                |                                     |
| General fund  Designated fund: | 59,726                             | 106,267       | (111,250)     | 5,264          | 60,007                              |
| Development & Research         | 15,442                             | _             | (7,516)       | -              | 7,926                               |
|                                | 75,168<br>———                      | 106,267       | (118,766)     | 5,264          | 67,933                              |
| Restricted Funds               |                                    |               |               |                |                                     |
| Borders Care Learning Network  | 5,410                              | 64,254        | (67,062)      | 2,759          | 5,361                               |
| Tailor Made Support Training   | 5,143                              | 3,000         | (120)         | (8,023)        | -                                   |
| Carers Information Fund        | 6,046                              |               | (2,458)       |                | 3,588                               |
|                                | 16,599                             | 67,254        | (69,640)      | (5,264)        | 8,949                               |
| Total Funds                    | 91,767                             | 173,521       | (188,406)     | _              | 76,822                              |

## Designated funds:

**Development & Research** represents funds designated for the purposes of funding new or existing projects as need arises. This spend covers the balance of the external evaluation, office furniture and computers as well as a board development day and some professional advice required.

### Restricted funds:

**Borders Care Learning Network (BCLN)** funds a specific project to identify and provide training to those working and volunteering in health and social care. The transfer represents costs charged to the project from BCV and the Tailor Made Support Training funding.

**Tailor Made Support Training** – SBC funded and grants to maximum £500 offered, however to ease the pressure on funding the training provided by BCLN it was agreed to use this fund and the annual £3,000 in future for BCLN training.

Carers Information Fund – as agreed by the Carers Planning Group to be used for the Carers' annual day.